

spring into action for better health

May 29 - 31, 2009



EDMONTON JOURNAL

LITTLE
BIG
RUN

Edmonton's Little Big Run

A non-profit event created to encourage physical activity and health. Proceeds go directly to kids' programs throughout the Edmonton area.

Register online
www.littlebigrun.ca

Walk-up Registration & Package Pick-up Friday-Saturday, May 29-30, north end, City Hall

Friday, May 29 'Little Run'

Schools Division
Laurier Park

Register through your school.

Sunday, May 31 'Big Run'

Adult, Families & Teams
Edmonton City Hall

1 km, 5 km or 10 km walk or run starting and finishing at City Hall.

Sunday, May 31 Fitness Expo

Adult, Families & Teams
Sir Winston Churchill Sq.

Free Kids' Fun Zone and family entertainment.

Families & Teams

Put together your family, community or corporate team and win great prizes.

Donate to the Families Helping Families Program.

gold sponsors



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bronze sponsors



Become a Sponsor Support Edmonton's premier family event